8R having an ELECTRIFYING EXPERIENCE!

8R students have been switched on in their attempt to get to grips with the power of electricity. The students were set the goal of figuring out how to wire up the lights and switches in the same way as they are set up in our homes. After a lot of trial and error most had a light bulb moment and the answer was sparked upon. An illuminating experience for everyone.

Tim Flaus - Head Teacher Science

Michelle Molloy, Jazmine Gordon & Lara Raisbeck working with electrical circuits in Science.

A message from the Principal

Welcome back to another busy term at Bowral High School. At the end of term three, we farewelled year 12 and although it was an emotional time for all involved, we enjoyed celebrating the achievements of this fantastic group of students. Parents, families and staff gathered on Thursday September 18 at the Graduation evening which was a great night. The following day the whole school farewelled the group as they left for an enjoyable day at Jamerboo. We will miss our year 12 students and wish them every success in their exams and future lives.

Another farewell took place at the end of the term. David Prattis - a long time staff member of the school taught his last class on Friday September 19. David has taught at Bowral High School since 1976 and his career has been a tribute to his professionalism and dedication to his students. In his farewell speech to the staff, David commented that he has taken great pride in the achievements of his students, particularly his senior students, a pride shared by the entire school community. For many years, David has taught Industrial Technology- Timber and Engineering and the results of his students have consistently been well above state average and amongst the best HSC results in the school. Parents have valued the commitment of Mr Prattis to the school and many were taught by him and remember him fondly. I have placed a portrait of David in my office so I can reassure ex-students that he is still here in spirit! We wish David a long and happy retirement.

The Smith Cup will be held again this year at Goulburn. We all have high expectations for taking the cup from Goulburn High School this year but regardless of the outcome, our students and staff always enjoy the contest and have a fun day. The event will be held on October 24 in Goulburn.

The NAPLAN results have all been sent home to parents. The school is very happy with our results this year, particularly in year 9 where the trend data is significantly improving across all test areas. Congratulations to all our students and staff.

Kim Paviour - Principal
Farewell Year 12, 2014
There is life after year 12 exams....

220,000 Australians are about to go through one of the most stressful times of their lives - year 12 exams. Many feel like their entire life depends on their year 12 results - but those of us who have been through it know there is life after. To show support a huge number of prominent Australians have joined forces with ReachOut.com to tell their stories of life after year 12 exams at thereislifeafter.org.

For each one of them, year 12 exams were a beginning not an end. For some who excelled, life has turned out very differently than they planned. For others who didn't quite get the marks they wanted, life's taken them in different and interesting directions. Either way, they all agree that there's plenty to look forward to once it's all over.

Here are a few practical activities that can help young people feel less stressed during their exams.

Three tips from ReachOut.com for students to think about:

1. **Take breaks** - taking regular breaks helps you beat stress and learn better. All it takes is five minutes every hour doing something completely unrelated to studying.

2. **Talk about stress** - chat to people who've been there like older siblings, teachers and friends. They're sure to tell you there's life after year 12 exams.

3. **Don't stop having fun** - it's actually good for you to meet up with mates and chill, keep playing sport, and watch a favourite TV show between study.
Cricket: Hassett Cup
Bowral High School’s U/15 Boys cricket team has had a dominant start to the Hassett Cup knockout cricket competition. The boys have won their opening 2 rounds in convincing fashion with contributions made by all team members. In term 1 the team travelled to Goulburn HS where they restricted the opposition to 93 runs. The pick of the bowlers was our captain, Cameron Malcolm, (3/9 off 6 overs), and Matthew Bates (3/12 off 5 overs). With storm clouds rolling in our batsmen made light work of the modest total. Cameron Malcolm was unbeaten on 62 (5x4’s, 5x6’s) and he was well supported by Alex Bates (18).

On the 16th September the team travelled to take on Queanbeyan High school. Bowral bowled first and struggled to find their line and length and leaked 41 sundries, which enabled Queanbeyan to post a competitive total of 129. Some great fielding by Matthew Bates and vastly improved keeping by Joshua Miller kept us in the game early on. The pick of the bowlers was Alex Bates (2-9), and Kyle Jesshope (1-13). From the moment Cameron Malcolm dispatched his first ball for 6, Bowral were in control. Cameron blasted the ball to all points of the ground to finish with his second undefeated half century in as many matches (66* with 6x4’s and 5x6’s). He was well supported by Tyson Stanton (20, 4x4’s) and then Morgan Rykers (26, 4x4’s and 1x6). A big thank you must go to the parents of the boys who are committing time and effort into making this cricket team a success. It’s great to see parents make the trips to Goulburn and Queanbeyan to support the team and help out when needed.

Mr Camarsh - Boys Cricket Coach

Some Calendar Dates for Term 4 2014

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Week 2</td>
<td>13 October HSC Exams Commence</td>
<td>14 October HSC Exams</td>
<td>15 October HSC Exams</td>
<td>16 October HSC Exams</td>
<td>17 October HSC Exams</td>
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<tr>
<td>Week 3</td>
<td>20 October HSC Exams</td>
<td>21 October HSC Exams</td>
<td>22 October HSC Exams Meet the Music 4</td>
<td>23 October HSC Exams</td>
<td>24 October HSC Exams</td>
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<tr>
<td>Week 4</td>
<td>27 October HSC Exams</td>
<td>28 October HSC Exams</td>
<td>29 October HSC Exams</td>
<td>30 October HSC exams Lego Robotics</td>
<td>31 October HSC exams</td>
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A reminder
If your child needs to leave school during the day for an appointment, please send them with a note explaining the details and times.

The student should come to the front office student window in the morning and obtain a ‘pass out’ which enables them to leave class quickly and efficiently.

Thanks for your cooperation in this matter.