Principals Report

Bowral High has been selected to participate in external validation this year. Objectivity, transparency and consistency are important elements for ensuring a system-wide approach that supports schools in their ongoing journey towards excellence. While improvement efforts are designed, driven and assessed by each school, an external process is important for providing an assurance to the school and the system that the progress being made aligns with the standard articulated in the School Excellence Framework.

The new approach to school excellence includes a process in which schools provide evidence of achievements and ongoing progress as assessed using the School Excellence Framework. This process will be introduced involving an independent validation panel comprising two Principals, School leadership (Pilot only) to consider the evidence provided by each school. The validation will take place between terms three and four.

Consultation with our community is an important part of our school self-assessment and validation process. This term we will be developing new processes to consult with our community about how the school can be improved. We will be working closely with the P and C throughout this consultation period.

The cold weather has finally arrived and with it comes the colds, flu and other ailments. Please keep your child at home if he or she is unwell. A school is an ideal environment for germs and viruses to spread. The other issue that always escalates during the winter is non-compliance with our uniform policy, particularly around wearing coloured jackets and tops. The students are well aware of our procedures and we have support mechanisms in place to assist students to wear the uniform to school. We also have confidential processes in place to support students who cannot access uniform items and we regularly loan warmer clothing to students as needed. Your support in this area is greatly appreciated.

Kim Paviour
Principal

Find Out Friday - Careers for our students

Each Friday at recess, our Careers Advisor, Mrs Christine Beasley, invites a representative from a particular field of employment or study to chat.

This photo shows Senior Constable Gary Mutton speaking with students about a career with the NSW Police on Friday 13 May. There has been a very positive response from students to this initiative.
Year 7 & 8 Film Workshops

All Year 7 and 8 students have completed a film making workshop at school over the last week and a half.

Students complete the film workshops as part of their Stage 4 Project Learning Classes. They develop cine-literacy and ICT (Information and Communication Technology) skills and put these into practice in making short films that feature as part of our Year 7 Education Week Showcase (Term 3, Week 4) and Stage 4 Showcase Finale at the Empire Cinema in Term 4.

The Year 7 workshops feature camera handling, framing shots, learning the ‘language of film’ and basic film editing. In Year 8 students do a ‘Masterclass’ where they learn advanced editing techniques, soundscape, visual and sound effects.

The workshops are led by Mr Staats and Mr Manojlovic. We look forward to seeing the student film masterpieces!

ATOM BEAR - The Musical

Rehearsals are well underway for our Stage 4 school musical - ATOM BEAR. This is the first school musical since 2009 and we are very excited!

This production forms the core of 7L and 8L Performing Arts classes’ Project-Based Learning. All 7L and 8L students are expected to participate as part of their membership of the Performing Arts class. Other students in other Stage 4 classes are very welcome to join the musical.

In addition to project class, rehearsals are on Week A Tuesdays 3.30-5pm and Sundays once a fortnight. Students receive a ‘call sheet’ in advance of the Sunday rehearsals advising who is required, what parts of the show are being rehearsed and when they are required.

Opportunities to be part of the show are still available for students in other years and classes (sorry, not Year 12) and include work placement hours for students studying the Year 11 Entertainment Course at school.

Opening night for ATOM BEAR is August 19, 2016.

Please contact John Staats (Producer), Alexander Manojlovic (Director) or Jeremy Donaldson (Musical Director) for further information.

XSELS Camp

Year 8 students who are part of our XSELS project (formerly known as MADSELS) are getting ready for their Challenge Camp at Wooglemai next week.

There will be a challenging high rope course, Camp Iron-Chef cook off, camping under canvas in near zero temperatures, a mystery guest (author and Order of Australia recipient) and more.

We wish our XSELS students all the very best on camp.
Athletics Carnival 2016

Our athletics carnival was held in week two of this term. It was wonderful to see so many students attend the two-day event and participate so enthusiastically. The weather was kind to us and both staff and students enjoyed the opportunity to interact in an engaging and positive activity. We had many outstanding performances by students and Bowral High School has assembled a team of over 100 students to attend the Zone athletics carnival in Canberra on 23 June 2016.

The Age Champions are:

**BOYS**
12 years Champion - Beau Bond
Runner up - Chad Walker
13 years Champion - Sebastian Hernandez
Runner up - Thomas Eccleston
14 years Champion - Alexander Martin
Runner up - Zeke Van Kooten
15 years Champion - Kaleb Bell
Runner up - William Hore
16 years Champion - Toby Croudson
Runner up - Jayden Wills
17 years Champion - Matthew Vine
Runner up - Blake Freidrich

**GIRLS**
12 years Champion - Ebony Munro
Runner up - Kylee Dries
13 years Champion - Ava Jones
Runner up - Maddison Laws
14 years Champion - Indeah Morris
Runner up - Nicola Ferreira
15 years Champion - India Crowe- Di Bella
Runner up - Zara Steffensen
16 years Champion - Yazmin Reay
Runner up - Samantha Reviglio
17 years Champion - Baila Hernandez
Runner up - Emily Rutherford

Congratulations to all those students!!!

Finally, the overall winning house was:

1st place FITZROY 3217 points
2nd place BELMORE 3110 points
3rd place HUME 2799 points
4th place GIBRALTAR 2743 points

Thank you to all staff who worked hard on the day to make it a success and to all students for their participation and sportsmanship! We look forward to a successful trip to Canberra in week 9 of this term.

Sue Brown
Athletics Carnival Co-ordinator

Congratulations Laura Salmon!

Laura and her horse Angel, represented Bowral High school at the recent Oxley College Equestrian Day. Laura won the 1 metre show jumping class and will represent Bowral at the State Interschool Championships at the end of June.

Well done Laura!
Girls Group Update

Session 2:
'The Comparison Trap'. The girls discussed how easy it is as a teenager to begin comparing themselves to their peers and friends, in particular how they compare their looks, appearance, weight, shape and height. The girls were asked to self reflect and think about how often they might compare themselves and their bodies to other peoples’ bodies.

'This Is Me' Poster. This activity focused on helping the girls identify the things they are good at and the activities and hobbies they like to do that can help them to feel good about being the person that they are. We discussed what self esteem is and the importance of building a friendship with themselves.

The Role of Peers

‘Push Ups and Put Downs’. We discussed what it feels like when our friends compliment us (push ups) and when they are mean or nasty (put downs) and the difference between ‘direct’ and ‘indirect’ bullying. The girls were given a variety of scenarios and asked to discuss if they think there was direct or indirect bullying occurring, how did they think the students were feeling and what could they do if they were in a similar situation.

‘Friend or Fr-enemies’. This session aimed to explore friendships and the concept of the ‘Friend vs Fr-enemy’, utilising scenarios to help provide a visual of some common ‘friendship challenges’. The activity also encouraged the girls to work together to find solutions and positive strategies to address these common situation that occur amongst their peer and friendship groups.

Cyberbully DVD

We have began watching the short film, ‘Cyberbully’, where a teenager is subjected to a campaign of bullying by classmates through a social networking site.

Mrs Karakasch-Hawker

In Concert

These photos were taken at "In Concert" where our students were singing as part of a 600 voice choir on Tuesday 17 May. Katie Noonan, guest artist, gave outstanding solo performances as well as singing with the combined choir and Public Schools Symphony Orchestra. A strong parent contingent was there at the concert to support our students.

Thank you to our parents and families for making such a great effort to come into Sydney for the concert.
Bus Pass Applications

From 12 May 2016, applications for bus passes will need to be completed online instead of using the blue paper form. This change makes it easier to apply for and update your details as you only need to complete one form that covers all situations.

A new application is only required if a student has never been approved for a bus pass. You need to complete the online application at transportnsw.info/school-students. Once you have completed the application you need to print, sign and date the application then return it to school for endorsement.

If a student has already been approved for a bus pass and their address, school or name changes or the student is entering Year 3 or 7, you will need to update your details at apps.transport.nsw.gov.au/ssts/updatedetails.

If you require any assistance or further information, please contact the school on 4861 2255.

School Drop Offs and Pick Ups

A reminder to please be respectful of residents driveway access when dropping off and picking up students on Park Road. There have been incidences where driveways have been blocked off. This is a safety issue as well as an inconvenience to residents.

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Week 6</td>
<td></td>
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<td>31 May XSELS Camp</td>
<td>2 June Year 10 to 11 Parent info night 6pm Library</td>
<td>3 June Regional Cross Country White Card Training Concert Band 8am</td>
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<td></td>
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<td></td>
<td>Girls Group Bowral High Singers 3.30-5pm</td>
<td>Knockout Football Knockout Softball South Coast Dance Festival</td>
<td>Country Cup Rugby League South Coast Dance Festival</td>
</tr>
<tr>
<td></td>
<td>30 May School Photos</td>
<td>1 June XSELS Camp</td>
<td>2 June Year 10 to 11 Parent info night 6pm Library</td>
<td>3 June Regional Cross Country White Card Training Concert Band 8am</td>
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<td>3 June Regional Cross Country White Card Training Concert Band 8am</td>
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<td>6 June UOW Year 10 experience</td>
<td>15 June P &amp; C Meeting 6.30 SCR SAL Camp STEM showcase</td>
<td>16 June SAL Camp Meet the Music 1 Concert 3</td>
<td>17 June SAL Camp Syd Dance Company Performance Western Syd Careers Expo Concert Band 8am</td>
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<tr>
<td>Week 7</td>
<td>7 June</td>
<td>8 June</td>
<td>16 June SAL Camp Meet the Music 1 Concert 3</td>
<td>17 June SAL Camp Syd Dance Company Performance Western Syd Careers Expo Concert Band 8am</td>
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<td></td>
<td>17 June SAL Camp Syd Dance Company Performance Western Syd Careers Expo Concert Band 8am</td>
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<td>9 June</td>
<td>19 June Concert Band 8am</td>
<td>20 June Year 10 Work Experience</td>
<td>21 June Year 10 Work Experience Girls Group Bowral High Singer 3.30-5pm</td>
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<td></td>
<td></td>
<td></td>
<td>22 June Year 10 Work Experience Bowral High Singers 3.30-5pm</td>
<td>23 June Year 10 Work Experience</td>
<td>24 June Year 10 Work Experience Concert Bank 8am</td>
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<tr>
<td>Week 9</td>
<td>20 June Year 10 Work Experience</td>
<td>22 June Year 10 Work Experience Bowral High Singers 3.30-5pm</td>
<td>23 June Year 10 Work Experience</td>
<td>24 June Year 10 Work Experience Concert Bank 8am</td>
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<tr>
<td></td>
<td>28 June Girls Group Bowral High Singer 3.30-5pm</td>
<td>29 June Ski Camp</td>
<td>30 June Musical Camp Ski Camp</td>
<td>1 July Musical Camp NAIDOC Week Celebrations Semester 1 Reports Issued to Year 7-10 Ski Camp</td>
<td></td>
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<tr>
<td>Week 10</td>
<td>27 June</td>
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<td>29 June Ski Camp</td>
<td>30 June Musical Camp Ski Camp</td>
<td>1 July Musical Camp NAIDOC Week Celebrations Semester 1 Reports Issued to Year 7-10 Ski Camp</td>
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<td>30 June</td>
<td>1 July Musical Camp NAIDOC Week Celebrations Semester 1 Reports Issued to Year 7-10 Ski Camp</td>
<td>Last day Term 2</td>
<td></td>
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</table>
## Bowral High School
### Canteen Menu
#### 2016

<table>
<thead>
<tr>
<th>Over the Counter Food</th>
<th>Juice &amp; Frozen Juice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assorted Sandwiches...........................................</td>
<td>Orange/Apple Juice 500ml.....................................</td>
</tr>
<tr>
<td>Salad Tub....................................................................</td>
<td>Apple/Orange Juice 375ml......................................</td>
</tr>
<tr>
<td>Cheese &amp; Salad Roll..............................................</td>
<td>Orange/Mango Juice, 375ml.......................................</td>
</tr>
<tr>
<td>Chicken &amp; Salad Roll.............................................</td>
<td>Orange/Passion Juice, 375ml....................................</td>
</tr>
<tr>
<td>Chicken Salad Wrap................................................</td>
<td>Frozen Juice Cup..................................................</td>
</tr>
<tr>
<td>Hot Chicken Roll..................................................</td>
<td>Poppers....................................................................</td>
</tr>
<tr>
<td>Hot Cheese &amp; Bacon Roll.........................................</td>
<td>Milk and Yoghurt......................................................</td>
</tr>
<tr>
<td>Pizza Roundas.......................................................</td>
<td>Moove Milk 300ml....................................................</td>
</tr>
<tr>
<td>Beef &amp; Gravy Rolls................................................</td>
<td>Plain Milk 300ml...................................................</td>
</tr>
<tr>
<td>Meat Pie..............................................................</td>
<td>Frozen Yoghurt........................................................</td>
</tr>
<tr>
<td>Sausage Roll........................................................</td>
<td>Hot Milo..................................................................</td>
</tr>
<tr>
<td>Spinach &amp; Cheese Roll..............................................</td>
<td>Large Moove................................................................</td>
</tr>
<tr>
<td>Spag Bol...............................................................</td>
<td>Dare.......................................................................</td>
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<tr>
<td>Macaroni Cheese.....................................................</td>
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<tr>
<td>Potato Bake...........................................................</td>
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<tr>
<td>Nacho Dippers.......................................................</td>
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<tr>
<td>Garlic Bread..........................................................</td>
<td></td>
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<tr>
<td>Small Spinach &amp; Ricotta Roll...................................</td>
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</tr>
<tr>
<td>Cakes....................................................................</td>
<td></td>
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<tr>
<td>Finger Buns............................................................</td>
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</tbody>
</table>

### Orders for Recess and Lunch
- Hamburger................................................................. $4.00
- Hamburger w/ cheese.................................................. $4.20
- Hamburger w/ egg....................................................... $4.50
- Chicken Burger w/ Mayo & Lettuce............................... $4.00

### Confectionary
- JJ’s Noodles or Crackers.......................................... $1.00
- Large Eucalyptus Bag............................................... $0.50
- Small Eucalyptus Bag............................................... $0.90
- Jumplies................................................................. $0.50
- Butter Menthol........................................................ $0.50

### Please note: these products may change price throughout the year.
### Canteen Hours: 8.30am to 2.30pm.
### Canteen Supervisor: Caroline Preston

### Milk and Yoghurt
- Moove Milk 300ml.................................................... $0.80
- Plain Milk 300ml..................................................... $1.50
- Frozen Yoghurt........................................................ $1.20
- Hot Milo.................................................................. $3.20
- Large Moove................................................................ $3.20
- Dare....................................................................... $3.50

### Soft Drinks
- Diet Coke 450ml.................................................... $3.20
- Water 600ml.......................................................... $1.00

### Ice Creams
- Fandangles.............................................................. $1.50
- Icy Poles................................................................. $1.00
- Frosty Fruits........................................................... $2.00

#### *MONDAY - Large Sausage Rolls.............................. $3.20

#### * WEDNESDAY - Pizza Bread.................................. $3.00

#### FRIDAY
- Cheese & Bacon Pies................................................. $3.20
- Potato & Bacon Pies................................................ $3.20
- Sauce.................................................................... $0.30

### PLUS WEEKLY SPECIALS!

### VOLUNTEERS WELCOME
48 611885